











## **January**

## **Elementary Lunch Menu**

Monday	Tuesday	Wednesday	Thursday	Friday	
firet	THE D	1st	2nd	3rd	
PLATURING	<b>FEATURED</b>		Country Chicken Bowl	Confetti Pancakes	Choices of Milk
PIZZA RED OUUNG-ACCEPANIAN ACCEPANIAN ACCEPANIAN ACCEPANIAN ACCEPANIAN ACCEPANIAN SPICES	The Upper Darby Double		Cheese Pizza	with Chicken Sausage	Include
	111	Winter Break	Sunbutter & Jelly	Cheese Pizza	Skim
		Schools Closed	Beef Nacho Salad	Sunbutter & Jelly	Low-fat White
				Beef Nacho Salad	Chocolate and
					Strawberry
Served on January 7th	Served on January 27th	and the second			•
6th	7th	8th	9th	10th	M 1
Cheeseburger	fuel	Early Dismissal	Grilled Beef Hot Dog	French Toast Sticks	Monday French Fries
Cheese Pizza	Pizza Wedge Topped	Mini Pretzels with	with Melted Cheddar	with Chicken Sausage	Green Beans
Sunbutter & Jelly	with Bruschetta	Sunbutter	Cheese Pizza	Cheese Pizza	Apple Juice
Popcorn Chicken Salad	Beef Soft Taco	Baby Carrots	Sunbutter & Jelly	Sunbutter & Jelly	
r opeoin omenen omme	Sunbutter & Jelly	Apple Juice	Popcorn Chicken Salad	Popcorn Chicken Salad	Tuesday
	Popcorn Chicken Salad	Milk	т ореоти опискей ошис	Frozen Friday	Black Beans 100% Fruit Sorbet
	Frozen Fruit Sorbet	IVIIIX		Frozen Fruit Sorbet	Tasty Tuesday
13th	14th	15th	16th	17th	- 3009 - 3000 2009
Chicken Patty with	Beef Hard Taco	Macaroni & Cheese	Chicken Nuggets	Pancakes with	Wednesday
Secret Sauce & Pickles	with Fresh Salsa	Topped With	Cheese Pizza	Chicken Sausage	Caesar Side Salad Mixed Fruit Cup
Cheese Pizza	Cheese Pizza	Popcorn Chicken	Sunbutter & Jelly	Cheese Pizza	wiixed Fruit Cup
Sunbutter & Jelly	Sunbutter & Jelly	Cheese Pizza	Chicken Caesar Salad	Sunbutter & Jelly	Thursday
Chicken Caesar Salad	Chicken Caesar Salad	Sunbutter & Jelly	Hey It's Nugget Time!	Chicken Caesar Salad	Baby Carrots
	Tasty Tuesday	Chicken Caesar Salad	You Be The Dipper!	Frozen Friday	Apple Juice
	Frozen Fruit Sorbet		Try Our Secret Sauce	Frozen Fruit Sorbet	Friday
20th	21st	22nd	23rd	24th	Tater Tots
	Cheese Quesadilla	Chicken Tenders	Pasta with Meatballs	Hot Egg & Cheese	100% Fruit Sorbet
	with Fresh Salsa	Cheese Pizza	Cheese Pizza	On a Bagel	Frozen Friday
Martin Luther King	Cheese Pizza	Sunbutter & Jelly	Sunbutter & Jelly	Cheese Pizza	
Holiday	Sunbutter & Jelly	Beef Nacho Salad	Beef Nacho Salad	Sunbutter & Jelly	
Schools Closed	Beef Nacho Salad			Beef Nacho Salad	
	Tasty Tuesday			Frozen Friday	
	Frozen Fruit Sorbet			Frozen Fruit Sorbet	
27th	28th	29th	30th	31st	
Upper Darby Double	Beef Hard Taco	Grilled Panini	Mac & Cheese	French Toast Sticks	~ 0
	with Fresh Salsa	Cheese Pizza	Cheese Pizza	with Chicken Sausage	
	Cheese Pizza	Sunbutter & Jelly	Sunbutter & Jelly	Cheese Pizza	
Cheese Pizza	Sunbutter & Jelly	Hummus Salad with	Hummus Salad with	Sunbutter & Jelly	
Sunbutter & Jelly	Hummus Salad with Pretzel	Soft Pretzel	Soft Pretzel	Hummus Salad	4.7
Hummus Salad with	Tasty Tuesday			Frozen Friday	
Soft Pretzel	Frozen Fruit Sorbet		Mac & Cheese Mania	Frozen Fruit Sorbet	

Upper Darby School District Elementary Menu All Students Have Access to Lunch at No Cost

Select an Entree and Choose a Fruit and/or Vegetable



Menu Items Do Not Contain Pork Product Menu Subject to Change without Notice



